**Beauty By Becca**

**Babe-ink.com**

**Located Inside the Institute for Beauty, Wellness & Regenerative Medicine**

**3336 East 32nd Street Suite 106 Tulsa, OK 74135**

**Physician: Nicole Castellese, MD**. **Grey medical building off 32nd street lower level with the frosted the windows. We are the only suite with a plant next to our door. Since the office is Cosmetic Surgery, we do not have a large sign to protect patient privacy. Please look for 106 above the door.**

**All scheduling and rescheduling is through the site listed below or with the link at the bottom of your appointment reminders:**

<https://beautybybecca.as.me/schedule.php>

**Cancellation and Rescheduling has a STRICT 72 hour Policy:**

Visit Babe-ink.com for full policy.

All New appointments require a $100 Booking fee. This Booking fee is non-refundable. It is only transferred if it is outside the 72-hour window. if it is inside the window you will forfeit the previous booking fee and be required to pay a new booking fee at time of rescheduling.

Color Boost Appointments and 8 week touch up require a card on file. If you Cancel or reschedule within the 72-hour window of your Color Boost Appointment your card will be charge a $50 cancellation/ rebooking fee. For 8-week touchups you will lose your discounted touchup and pay early touchup pricing.

Please also read the NO SHOW policy: **All no shows can and will be charged an additional $150 no show fee to their card on file in addition to losing the deposit placed, regardless of the appointment type. Please be advised that if you no show an appointment you will have to pay for the missed appointment in full before rescheduling. No shows are incredibly rude and give me no option to offer that time to another person who may have wanted it. If you have a history of no shows and cancellations, you may be refused future services all together.**

**Becca Fuller 918-899-2450**

**Please limit the number of guests you bring with you to only those who are absolutely necessary.**

**Prior to your appointment:**

**All Appointments:**

**Avoid sun exposure 14 days before your appointment**. Do not wax, thread, or tweeze within 3 days of your appointment. Do not use products containing acids 7 days before your appointment. **Do not drink alcohol 24 hours or caffeine 8 hours before your appointment.** Please avoid blood-thinning medications 72 hours prior to your appointment, these medications include Vitamin E, Aspirin, Advil, Niacin, and fish oil supplements. If you are directed by your doctor to take one of these medications do not stop taking it without consulting with your Doctor first. Avoid exercise before your appointment. If you have taken these medications, please text me prior to your appointment. Some have a shorter window. If you have been on Accutane, you must wait at least one year before you may have permanent makeup. You must be 18 years of age, please email or text Becca a picture of your License or State ID. You may not receive permanent makeup if you are pregnant or nursing. If you are currently under a doctor’s care or have any major medical conditions you may not be a candidate for permanent makeup. Please obtain a doctor’s release before scheduling if you have a heart condition, diabetes, lupus or are currently undergoing chemotherapy. Avoid any type of cardio exercise the day of your appointment this could increase bleeding or scabbing.

If you choose to drink alcohol within 24 hours of your appointment, your results may be affected by your choice. Alcohol thins the blood which causes excess bleeding could wash the pigment out of the skin. If you have new sun exposure before or after your appointment you may heal with an undesirable result.

**Lip Appointments-**

Please contact your Doctor and ask for a prescription for Valtrex if you have ever had a cold sore. You may take L-Lysine 2 weeks prior and 2 weeks after your appointment, this is a natural remedy to prevent cold sores available in the vitamin isle. Even with these precautions it is still possible to develop a cold sore after your appointment. Keep lips hydrated 3 days before your appointment. The night before your appointment please gently scrub the lips with warm water and a washcloth or sugar scrub to remove dry skin. Please note many lip balm brands are not good for your lips and actually dehydrate them. Use a more natural lip balm with oils in it. Aquaphor is also acceptable.

**Eyeliner Appointments-**

VERY IMPORTANT TO FOLLOW: You may not have eyelash extensions on for your appointment, they must be removed prior to your appointment. Please discontinue use of Lattisse one month before your appointment, all other eyelash serums discontinue 2 weeks prior. Eyelash serum before your appointment will cause excess swelling, discomfort and little retention and undesirable results. **Contacts must be removed** before eyeliner procedures.

**Aftercare:**

**All Supplies and ointment will be provided to you at your appointment**.

**Eyebrow Permanent Makeup Procedure Aftercare**

**\* Wiping with wet cotton rounds and washing is essential to prevent thick scabs! Thick scabs = poor retention!**

**Day of Procedure**

**Cleanse the skin every 30 minutes for the first 6 hours using wipes provided by Becca or clean bottled water and cotton rounds.**

**After these 6 hours have passed wash your eyebrows using your fingertips with soap and water. Pat dry with a clean paper towel. Allow to dry for minutes then apply ointment provided by Becca.**

**Day 1-10 or** (until scabs/flakes are gone and eyebrows are healed, some may take longer than 10 days)

Wash gently 1-2 times per day using hands and dial for approximately 10 seconds. Apply ointment 2-3 times daily as long as the skin is still scabbed/flakey, and even after. The ointment helps the skin to regenerate faster and better. **Avoid** water (for the PMU area) no sweating, saunas, lakes, pools, oceans or tanning. You may shower and wash your hair. Do not stand with your brows directly in the shower stream. Please wear a hat if you are outdoors. Do not pick or peel any scabs this can cause scarring and remove pigment. Do not Brush your eyebrows. Do not use any ointments other than those provided. One month following the procedure do not use anything containing acids around the eyebrows. DO NOT go in the sun or tan for a minimum of 3 weeks after your appointment.

Peeling typically takes place days 5-9, if you peel sooner than this wash only one time per day at night. Premature peeling will also result in poor retention.

**\*Do NOT over apply ointment a thick layer will suffocate the skin, delay healing and can cause chunks or patches to peel off. Under applying can also cause cracking and peeling prematurely. If you feel you are over or under applying, please text Becca.**

Everyone’s skin has its own healing process and duration.

Touch up will be scheduled 6-12 weeks after your appointment to ensure the skin is fully healed.

Please be advised brows are a two session process and you will may have little retention after your touch up. If this is the case a darker color will be used at touch up. Occasionally someone will require a third session to obtain the results they desire. Days 6-15 are usually the lightest and could be slightly pink until the color blooms around day 30 some longer. Do not panic everyone heals differently and we adjust accordingly at touch up.

**Eyeliner Aftercare**

(day of the Procedure)

* Do not touch the eyes. You may ice the eyes by applying ice over a clean cloth.
* You may wash before bed with a gentle soap or cleanser. After washing allow to dry for 20 minutes before applying ointment.
* Your eyes may be swollen the day after the procedure. This is a normal reaction; some clients swell more than others. Swelling should start going down and your eyes should be looking better by the end of the second day.
* If the skin feels dry you may **apply a thin layer ointment only to the crease or lid**. Wash your hands before applying any ointment. Do not apply too much as it can cause adverse reactions such as swelling. You may do this as needed throughout your healing to keep eyeliner from becoming too dry and flaking off.

**During Days 1-7 or even longer**

**Wash PM and allow to dry 10 minutes before applying Ointment. Apply ointment 2-3x per day.**

**Avoid** water (for the PMU area) no sweating, saunas, lakes, pools, oceans or tanning. Please wear a hat and sunglasses if you are outdoors. you may shower. Do not pick or peel any scabs or flakes this can cause scarring and remove pigment. Do not use any ointments other than those listed above. Do not use eyelash serums for a minimum of 2 weeks after the procedure. When you begin wearing Mascara again start with a new tube. Touch up is scheduled 6-8 weeks after your appointment to ensure the skin is fully healed.

**Lip Aftercare**

Keep applying Aquaphor or ointment as needed, meaning as soon as the lips start to feel dry. Lips can bruise after the procedure, if bruising occurs it usually goes away within 1-24 hours. The lips may still be swollen please **do not ice** them. Keep lips moist at all times, do not let them become dry.

Apply ointment as long as the skin is still scabbed, and even after. The ointment helps the skin to regenerate faster and better. **Avoid** water (for the PMU area) no sweating, saunas, lakes, pools, oceans or tanning. Please wear a hat if you are outdoors. Do not pick or peel any scabs this can cause scarring and remove pigment. Do not use any ointments other then those listed above. Avoid salty foods or soups during healing. One month following the procedure do not use anything containing acids around the lips. Be cautious when brushing teeth not to get toothpaste on the lips. Lips can appear healed in a few days for some however they are not, please be mindful of this. Avoid sun exposure to lips for 30 days. after these 30 days us a spf 50 lip balm when out doors.

Everyone’s skin has its own healing process and duration. Lips will peel anywhere from day 2-7 then you will notice clear skin peeling. this will stop then the color will look light. Sometimes lips take 6 weeks for the color to fully return.

Touch up will be scheduled 8 weeks after your appointment to ensure the skin is fully healed. If you develop a cold sore touch up will be 10 weeks after.

Areola Aftercare
Expect some redness and tenderness for 48 hours.

Allow the area to cool overnight by wearing thin clothing.

At the end of your shower wash with antibacterial soap for 10 seconds avoiding wash cloths and the shower stream. Do not pick the treated area or stand with it directly in the shower stream.

Areola Aftercare
Expect some redness and tenderness for 48 hours.

Remove tegaderm at the end of your shower wash with antibacterial soap for 10 seconds avoiding wash cloths and the shower stream. Do not pick the treated area or stand with it directly in the shower stream. Blot dry and let set for 10 minutes before applying new ointment and plastic covering. do this for 7 days. after these 7 days you may apply a thin layer of ointment after washing without applying plastic wrap.

For 2 weeks avoid:

Tanning, pools, lakes, baths, hot tubs, harsh soaps, aloe products, lotions, picking, touching and sweating.

Continue using your ointment for these two weeks.

The final color can not be judged until 4-6 weeks. Some will require a second session. Areas with scar tissue may puff during treatment but will go down.

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**All Procedures: If infection or reaction occurs seek medical attention and contact Becca.**

After all appointments please note the final result can not be judged until a minimum of 4 weeks. Even though most people appear to be healed on day 10, the pigment is covered by new skin and will not fully show up until the thick layer of new skin is not covering the pigment anymore. This process usually takes 4+ weeks. Do not panic, they are not gone it is just part of the healing process. It is normal to have some patchiness after your first appointment which is why the touch up appointment is necessary. Results are not guaranteed. All skin heals different and following proper aftercare is needed. Some people will need more then two sessions to get the results they desire. **\*These additional sessions are not included and will be charged the regular touch up price.** After healing it is necessary to maintain your results with a daily sunscreen. Fading will depend on your skin type, lifestyle, sun exposure, acids used, peels, etc. If you have extremely oily or sun damaged skin microblading or hair strokes will not work well for you. It will heal with a diffused softer look it can also heal ashy. Please feel free to contact me at ant point during your healing process if questions arise. Most people will return for annual touch ups especially for microblading, some will be able to go a little longer between touch ups. All services are non refundable.

If you had previous permanent makeup in the area I am treating, please be advised that you will not have the same results as someone who did not have previous permanent makeup. Some pigment brands frequently used in our area heal to a red, blue, green, or purple. My pigments heal to a lighter version of the color I apply. These pigments that have been previously applied by someone else are hard to correct and there is usually some trauma to the skin.

Your results will be based on the canvas I have to work on.

By scheduling this appointment you are agreeing that you have received this email and that you understand all of the pre and post care instructions. You are also agreeing that you have read and agree to the policy and all other information listed above.

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